

## Learning Objectives

- To improve knowledge of rationale antibiotic prescribing
- To expand understanding of options for managing polypharmacy
- To become more aware of social prescribing initiatives

## Programme

9.00 – 9.25	<b>Registration and coffee</b>
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.30	<b>Antimicrobial Prescribing - when the body needs help and when it will get better on its own</b> <i>Steve Granier – GP</i>
10.30 – 11.30	<b>Overdiagnosis and overtreatment: time for a grassroots revolt</b> <i>Steve Granier – GP</i>
11.30– 12.00	<b>Coffee</b>
12.00 – 1.00	<b>Social prescribing</b> <i>Colette Brown - Social Prescribing Co-Ordinator, Southmead Development Trust; Rhian Loughlin – Head of Service, Wellspring Healthy Living Centre and Sue Cooke – Operations Manager, Knowle West Healthy Living Centre</i>
1.00 – 1.45	<b>Lunch</b>
1.45 – 2.30	<b>Polypharmacy – practical tools on how to manage</b> <i>Ruari O'connell – Pharmacist</i>
2.30 – 3.15	<b>Utilising the wider team for medicines optimisation</b> <i>Ruari O'connell – Pharmacist</i>
3.15 – 3.45	<b>Further cases and de-prescribing</b> <i>Ruari O'connell – Pharmacist</i>
3.45	<b>Close</b>

<b>RCGP Curriculum areas covered:</b>
<b>3.01 Healthy people: promoting health and preventing disease</b>
<b>3.05 Care of older adults</b>
<b>Good Medical Practice Framework:</b>
<p>1.1 Maintain your professional performance</p> <ul style="list-style-type: none"> <li>• Keep knowledge and skills about your current work up to date</li> <li>• Participate in professional development and educational activities</li> </ul> <p>1.2 Apply knowledge and experience to practice</p> <ul style="list-style-type: none"> <li>- Adequately assess the patient's conditions</li> <li>- Provide or arrange advice, investigations or treatment where necessary</li> <li>- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately</li> <li>- Provide effective treatments based on the best available evidence</li> <li>- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests</li> </ul>

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents will be emailed to you after the event.

## Sponsors

*Our sponsors for the day are Bayer, BMS\*, Leo Pharma & NAPP*

*\*BMS are sponsoring by the purchase of exhibition stand space*

We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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