

Learning Objectives

- To understand the epidemiology of multimorbidity
- To understand the impact of multimorbidity on patients, and to reflect on the implications for how best to provide health care
- To understand the challenges in diagnosing heart failure
- To understand the commonly encountered problems in managing heart failure in primary care
- To learn through looking at some cases how some complex patients can be rehabilitated
- To understand better the mental health impact on patients with co-morbidities and to look at strategies for coping with and making changes
- To understand from a patient's perspective the impact of dealing with multimorbidity
- To learn how practices can implement the 3D way of managing multimorbidity

Programme

9.00 – 9.25	Registration and coffee
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.10	Implications of multimorbidity for primary health care <i>Chris Salisbury</i> - Professor of Primary Health Care, Bristol Medical School
10.15 – 11.00	Prescribing issues and managing polypharmacy with multimorbidity - <i>Rupert Payne</i> – Senior lecturer in Primary Health Care, Bristol Medical School
11.00 – 11.20	Coffee
11.20 – 12.20	Rehabilitating complex patients with respiratory problems, and Diabetes <i>Clare Cook</i> – Respiratory Specialist Physiotherapist, Bristol Community Health
12.20 – 1.20	Coping strategies for patients with multimorbidity <i>Laura Taylor</i> - GP and MBCT teacher, AccEPT clinic at the University of Exeter
1.20 - 2.00	Lunch
2.00 – 3.00	Managing complex patients with Heart failure <i>Yasmin Ismail</i> – Consultant Cardiologist, UHB
3.15 – 3.45	Q&A session with Mandie Lewis, a patient's point of view, chaired by Cindy Mann
3.00 – 3.15	Tea
3.45 – 4.15	How GP practices can implement the 3D method of managing multimorbidity <i>Cindy Mann</i> , Senior Research Associate, Bristol Medical School
4.15	Close

Overview

This course follows on course from the morning held on 20th November 2018. It is a study day in its own right, and does not require you to have attended on the 20th. The day will cover aspects of co-morbidity and why it has become a big issue for primary care. It will cover the impact on patients, primary care practitioners, and on medicine more generally.

RCGP Curriculum areas covered:
3.01 Healthy people: promoting health and preventing disease
Good Medical Practice Framework:
1.1 Maintain your professional performance <ul style="list-style-type: none">• Keep knowledge and skills about your current work up to date• Participate in professional development and educational activities
1.2 Apply knowledge and experience to practice <ul style="list-style-type: none">- Adequately assess the patient's conditions- Provide or arrange advice, investigations or treatment where necessary- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately- Provide effective treatments based on the best available evidence- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

Course documents

Course documents from the day will be emailed to you after the event.

Sponsors

Our sponsors for the day are Daiichi, L'Oreal, Chiesi, BMS/Pfizer & Kyowa

We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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