

## Learning Objectives

- Know best strategies for supporting patients with pre-op diabetic optimisation
- Increase knowledge of common paediatric endocrinology problems
- Be able to identify medication options for improving diabetic control
- Know the newer diabetic agents and indications for their usage
- Understand options available to support patients with weight management including referral to secondary care

## Programme

9.00 – 9.25	<b>Registration and coffee</b>
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.30	<b>Preoperative diabetic optimisation</b> <i>Simon Lewis – Consultant anaesthetist</i>
10.30– 11.00	<b>Coffee</b>
11.00 – 12.00	<b>Supporting patients with their weight, including when to refer</b> <i>James Hopkins – Upper GI &amp; Bariatric Consultant</i>
12.00 – 1.00	<b>Paediatric endocrinology Questions and Answers</b> <i>Reg Bragonier – Consultant paediatrician</i>
1.00 – 2.00	<b>Lunch</b>
2.00 – 3.00	<b>Treatment for Type 2 diabetes – what next after Metformin</b> <i>Debbie Hodge – Diabetic specialist nurse</i>
3.00 – 3.15	<b>Tea</b>
3.15 – 4.15	<b>Diabetes and Frailty – options for treatment in the frail population</b> <i>Nicola Mead – Diabetic specialist nurse</i>
4.15	<b>Close</b>

## RCGP Curriculum areas covered:

### Good Medical Practice Framework:

#### 1.1 Maintain your professional performance

- Keep knowledge and skills about your current work up to date
- Participate in professional development and educational activities

#### 1.2 Apply knowledge and experience to practice

- Adequately assess the patient's conditions
- Provide or arrange advice, investigations or treatment where necessary
- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
- Provide effective treatments based on the best available evidence
- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

## Sponsors

*Our sponsors for the day are NAPP, Amgen, Takeda, Besins & Astrazeneca\**

*\*AstraZeneca are sponsoring through purchasing exhibition space*

We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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