

## Learning Objectives

- Increase understanding of how to manage complex symptoms at the end of life
- Know indications for rationalisation of at the end of life
- Improve knowledge of capacity assessment and the role of primary care for supporting these and best interest decision making
- Be able to identify potential support for patients and their families
- Be aware of current best practice for treatment escalation plans and the ReSPECT initiative
- Understand the key principles for anticipatory prescribing

## Programme

9.00 – 9.30	<b>Registration and coffee</b>
9.30 – 9.45	Welcome and housekeeping
9.45 – 10.45	<b>Managing complex symptoms at the end of life, including rationalising medications</b> <i>Anjali Mullick</i> - Medical Director and Consultant in Palliative Medicine, SPH and <i>Sara Robbins</i> - SpR Palliative Medicine
10.45 – 11.15	<b>Coffee</b>
11.15 – 12.00	<b>Capacity assessment and best interest decision making</b> - <i>Sara Robbins</i>
12.00 – 12.45	<b>Supporting patients and their families</b> <i>Neil Aplin</i> - Spiritual Care Co-ordinator
12:45 – 1.45	<b>Lunch</b>
1.45 – 3.15	<b>EPaCCS</b> <i>Dida Cornish</i> – Consultant in Palliative Medicine, SPH
	<b>Update on ReSPECT and treatment escalation plans</b> <i>Helen Eddison</i> – Project Lead ReSPECT, West of England Academic Health Science Network
	<b>Interactive session</b> <i>Helen Eddison, Alison Tavare and Sian Jones, ReSPECT Team and Dida Cornish</i>
3.15 – 3.30	<b>Tea</b>
3.30 – 4.15	<b>Principles of anticipatory prescribing</b> <i>Dida Cornish</i> – Consultant in Palliative Medicine, SPH
4.15 – 4.30	<b>Time for reflections and Close</b>

## RCGP Curriculum areas covered:

3.09 End of Life Care

## Good Medical Practice Framework:

1.1 Maintain your professional performance

- Keep knowledge and skills about your current work up to date
- Participate in professional development and educational activities

1.2 Apply knowledge and experience to practice

- Adequately assess the patient's conditions
- Provide or arrange advice, investigations or treatment where necessary
- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
- Provide effective treatments based on the best available evidence
- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents will be emailed to you after the event.

## Sponsors

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We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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