

## Overview

This course is designed to be an introduction to co-morbidity and why it has become a big issue for primary care, the impact on primary care and on medicine more generally. You will look at cases of patients with comorbidities and the prescribing issues and implications for them. There will be follow on day next year to which you will be invited.

## Learning Objectives

- To know the demographics of patients with co-morbidities
- To improve understanding of patient centred care, including the challenges of lifestyle changes
- To understand better the mental health impact on patients with co-morbidities
- To gain updates in the impact of co-morbidities on NICE guidelines
- To understand the challenges of prescribing for patients with multimorbidities
- To learn through looking at some case studies the impact and issues to look out for with polypharmacy

## Programme

9.00 – 9.25	<b>Registration and coffee</b>
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.30	<b>Implications of multimorbidity for primary health care</b> <i>Chris Salisbury</i> - Professor of Primary Health Care, Centre for Academic Primary Care, Population Health Sciences, Bristol Medical School
10.30– 11.00	<b>Coffee</b>
11.00 – 1.00	<b>Prescribing issues and managing polypharmacy with multimorbidity, including case studies</b> <i>Ruari O'Connell</i> – Senior Clinical Pharmacist, Frome Valley HC
1.00 - 2.00	<b>Lunch</b>

2.00 – 3.00	<b>Opportunity to stay for peer discussion</b>
3.00	<b>Close</b>

<b>RCGP Curriculum areas covered:</b>
3.01 Healthy people: promoting health and preventing disease
<b>Good Medical Practice Framework:</b>
1.1 Maintain your professional performance <ul style="list-style-type: none"> <li>• Keep knowledge and skills about your current work up to date</li> <li>• Participate in professional development and educational activities</li> </ul> 1.2 Apply knowledge and experience to practice <ul style="list-style-type: none"> <li>- Adequately assess the patient’s conditions</li> <li>- Provide or arrange advice, investigations or treatment where necessary</li> <li>- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately</li> <li>- Provide effective treatments based on the best available evidence</li> <li>- Consult colleagues, or refer patients to colleagues, when this is in the patient’s best interests</li> </ul>

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents from the day will be emailed to you after the event.

## Sponsors

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*\*the following companies have supported this event through the purchase of exhibition space*

We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks. [www.healthlearningpartnership.co.uk](http://www.healthlearningpartnership.co.uk)