

### Learning Objectives

- Improve understanding of US imaging and shockwave therapy in common MSK problems
- Explore good techniques for upper and lower limb examination that can be used in the 10 minute consultation
- Improve understanding of common back problems
- Know what to look out for with lower back pain
- Gain updates in common knee problems seen in general practice and when to refer

### Programme

9.00 – 9.25	<b>Registration and coffee</b>
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.30	<b>The role of Ultrasound Imaging and shockwave therapy in the management of common MSK clinical problems</b> <i>Roger Denton - GPwSPI</i>
10.30– 11.00	<b>Coffee</b>
11.00 – 12.00	<b>Upper and/or Lower limb examination</b> <i>Donna Sanderson-Hull – Physiotherapist</i>
12.00 – 1.00	<b>Common back problems</b> <i>Ian Harding – Consultant Orthopaedics, NBT</i>
1.00 – 2.00	<b>Lunch</b>
2.00 – 3.00	<b>Common knee problems</b> <i>Andrew Porteous – Consultant Orthopaedics, NBT</i>
3.00 – 3.15	<b>Tea</b>
3.15 – 4.15	<b>Lower back pain</b> <i>John Hutchinson – Consultant Orthopaedics, NBT</i>
4.15	<b>Close</b>

## RCGP Curriculum areas covered:

3.20 Care of People with Musculoskeletal Problems

## Good Medical Practice Framework:

1.1 Maintain your professional performance

- Keep knowledge and skills about your current work up to date
- Participate in professional development and educational activities

1.2 Apply knowledge and experience to practice

- Adequately assess the patient's conditions
- Provide or arrange advice, investigations or treatment where necessary
- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
- Provide effective treatments based on the best available evidence
- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

## Sponsors

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*\*Chiesi are supporting through purchase of exhibition space*



We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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