



### Learning Objectives

- Understand the importance of prevention
- Assess the collapsed patient
- Competently perform Adult & Paediatric Basic Life Support in accordance with the Resuscitation Council (UK) 2015 Guidelines
- Know how to use an Automated External Defibrillator
- Demonstrate the Recovery Position
- Deal with Choking
- Deal with Anaphylaxis

### Content

- Introduction & welcome
- Objectives & aims
- Preventing Cardiac Arrest
- DRS ABC – the BLS Algorithm
- Automated External Defibrillators (AED)
- Practical (inc AED practice)
- Recovery position (theory & practical)
- Choking Algorithm
- Anaphylaxis
- Lifesaver App
- Summary & Close

### Educator

#### Katherine Robinson

Registered General Nurse, Advanced Life Support (ALS) Instructor  
Military training (Royal Navy), qualified in 1992, worked in Orthopaedic Trauma, Intensive Care, Urology & Coronary Care. ALS Instructor since 2006. Joined Emersons Green 2011, now the Resuscitation Lead & ILS Course Director for Care UK

### Sponsors

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