

## Learning Objectives

- To improve knowledge in how to manage challenging behaviour in older adults
- Know best practice in prescribing and polypharmacy in elderly patients
- Increase knowledge of common skin problems for elderly patients
- Be able to apply current best practice to end of life care
- Improve working knowledge of managing anxiety and depression in the elderly

## Programme

9.00 – 9.25	<b>Registration and coffee</b>
9.25 – 9.30	Welcome and housekeeping
9.30 – 10.30	<b>Challenging behaviour</b> <i>Ali Lerant, Consultant in Later Life Liaison Psychiatrist, AWP</i>
10.30– 11.00	<b>Coffee</b>
11.00 – 12.00	<b>Prescribing and polypharmacy in elderly patients</b> <i>Nicola Bruce, Pharmacist</i>
12.00 – 1.00	<b>Elderly skin problems</b> <i>Emmy Babor, GPwSI Dermatology</i>
1.00 – 1.50	<b>Lunch</b>
1.50 – 2.00	Brief presentation from CareUK
2.00 – 3.00	<b>End of life care</b> <i>Dida Cornish, Acting Medical Director, St Peter's Hospice</i>
3.00 – 3.30	<b>Tea</b>
3.30 – 4.30	<b>Anxiety and depression in the elderly</b> <i>Shan Williams, Consultant Old Age Psychiatrist, DWS</i>
4.30	<b>Close</b>

## RCGP Curriculum areas covered:

3.05 Care of Older Adults  
3.10 Care of people with Mental Health Problems  
3.21 Care of people with Skin Problems

## Good Medical Practice Framework:

- 1.1 Maintain your professional performance
- Keep knowledge and skills about your current work up to date
  - Participate in professional development and educational activities
- 1.2 Apply knowledge and experience to practice
- Adequately assess the patient's conditions
  - Provide or arrange advice, investigations or treatment where necessary
  - Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
  - Provide effective treatments based on the best available evidence
  - Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

## Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

## Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

## Sponsors

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