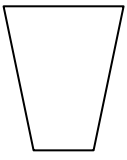
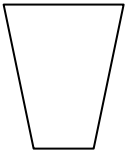
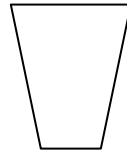
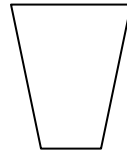
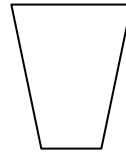
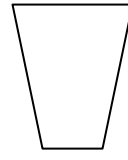
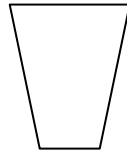

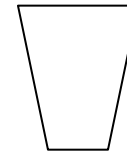
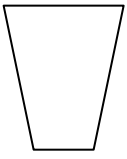
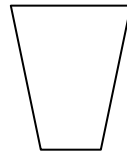
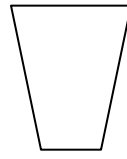
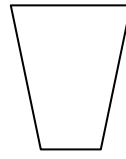
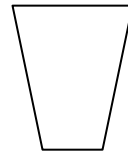
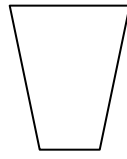
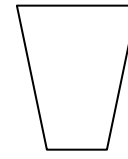
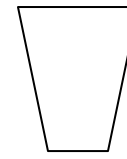
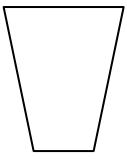
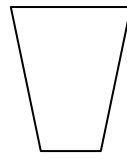
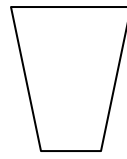
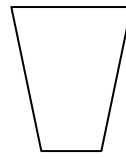
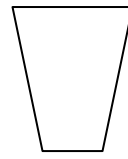
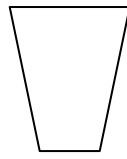
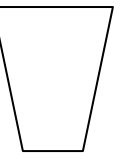
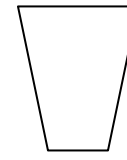
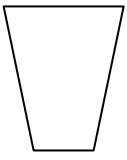
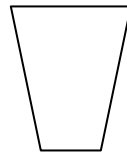
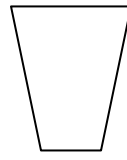
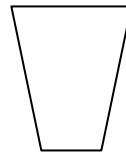
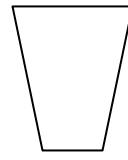
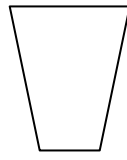
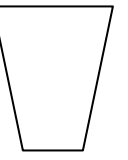
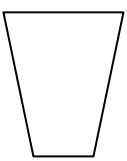
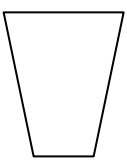
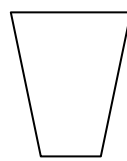
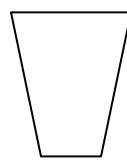
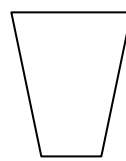
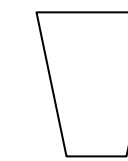
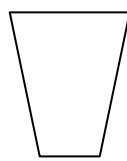
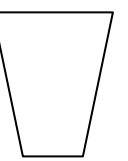
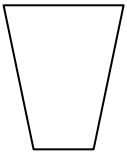
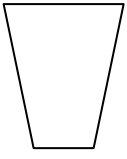
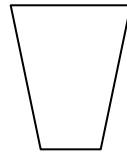
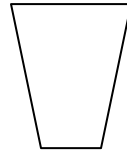
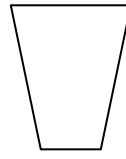
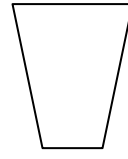
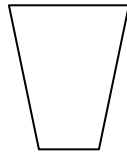
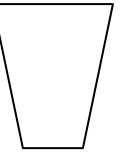
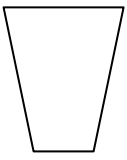
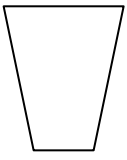
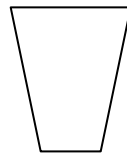
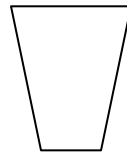
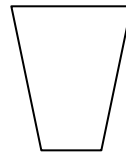
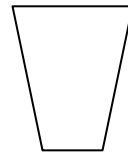
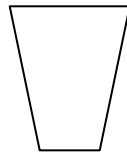
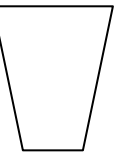




My name is and this is my drink chart!



Targets:	When I wake up	Breakfast time	Mid morning	Lunch time	Early afternoon	Late afternoon	Tea time	Evening
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								
Sunday								

My goal is to drink 7-8 drinks per day and 5-6 of my drinks need to be before 5pm.

If I drink at least 7 drinks a day, at the right times of the day, my special treat will be.....

