

## Top Tips for GPs on Gynaecology Red Flags

### Interpretation of scan reports

#### Postmenopausal Cysts (Asymptomatic)

- Simple cysts less than 3cm – no follow up needed
- Simple cysts 3-5 cm – check Ca 125 and consider rescan in 4-6 months
- Simple cysts >5cm – check Ca 125 and refer to gynaecology (on 2WW if Ca 125 raised)

All complex cysts need a Ca 125 and referral to a gynaecologist on 2WW

#### Pre menopausal Cysts

- Simple cysts less than 3cm – should not be reported by sonographer
- Simple cysts 3-5 cm – no follow up required
- Simple cysts 5-7cm – rescan in 6 months
- Simple cysts >7cm – refer to gynaecology

#### Pre menopausal complex cysts (endometrioma, dermoid)

- <3cm need no follow up
- >3cm – suggest refer for gynaecology opinion (not 2WW)

#### Pre menopausal complex cysts (haemorrhagic, corpus luteum)

- <3cm – no rescan required
- >3cm – rescan in 4 months if clinical concern

#### Endometrial thickness

- Premenopausal -normal up to 15mm
- Postmenopausal – normal up to 4mm
- Postmenopausal on HRT – normal up to 8mm

#### Summary of Top Tips

- Incidental increased endometrial thickness with no PMB requires gynaecology assessment but not urgently
- Bleeding on HRT requires management but only refer on 2WW if persists 6 weeks after stopping HRT
- Always check Ca 125 before referring pelvic mass to 2WW clinic
- Suspicion of cervical cancer requires referral on 2WW not to colposcopy

## Email Advice From Obstetrics & Gynaecology Consultants for Doctors

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