

Learning Objectives

- Be able to recognise and initiate appropriate assessment and first line investigations for patients with dementia
- Know indications and process for capacity assessments in elderly patients
- Be able to use relevant advice on nutritional management and supplements in the frail elderly
- Have a clear structure of developing advanced care planning and end of life
- Improve understanding of medicine rationalising and frailty for elderly patients
- Know common relevant investigations & management for electrolyte disturbance in the elderly
- To understand the principles of advance care planning and recognise when an elderly person may be approaching end of life

Programme

8.45 – 9.00	Registration and coffee
9.00 – 9.05	Welcome and housekeeping
9.05 – 10.00	Dementia <i>Shan Williams</i> - Consultant Old Age Psychiatrist, DWS
10.00 – 11.00	Capacity assessments <i>Shan Williams</i> - Consultant Old Age Psychiatrist, DWS
11.00– 11.30	Coffee
11.30 – 12.30	Nutrition in frail elderly <i>Sue Baic</i> – Registered Dietitian & Nutritionist, Nutrition Basics
12.30 – 1.20	Lunch
1.25 – 1.30	Short presentation from CareUK
1.30 – 2.30	Advance Care Planning and prognostication <i>Dida Cornish</i> – Acting Medical Director, St Peter's Hospice
2.30 – 3.00	Tea
3.00 – 4.00	Medicine rationalisation and frailty <i>Kyra Neubauer</i> – Care of the Elderly Consultant, NBT
4.00 – 4.45	Electrolyte disturbance in the elderly – hyponatraemia <i>Andrew Day</i> – Consultant Biochemist, UHB
4.45	Close

RCGP Curriculum areas covered:

3.05 Care of Older Adults

Good Medical Practice Framework:

1.1 Maintain your professional performance

- Keep knowledge and skills about your current work up to date
- Participate in professional development and educational activities

1.2 Apply knowledge and experience to practice

- Adequately assess the patient's conditions
- Provide or arrange advice, investigations or treatment where necessary
- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
- Provide effective treatments based on the best available evidence
- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

Sponsors

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