

Learning Objectives

- To understand how to help people with alcohol addiction to engage in the early stages of behaviour change
- To provide some motivational tools that can be used in a GP consultation
- To understand how GPs can work helpfully with their patients who have Eating Disorders, who are likely to be anxious and ambivalent about discussing their problems and accepting help or advice.
- To discuss ideas for engagement with this hard to reach patient group

Educators

Clare Fleming, GP Compass Health

Hugh Herzig, Consultant Psychiatrist, STEPs Specialist Eating Disorder Service

Both educators will consider effective strategies for working towards change with patients in Primary Care

Programme

9.00 – 9.25	Registration and coffee
9.25 – 9.30	Welcome and housekeeping
9.30 – 11.00	Alcohol addiction – Clare Fleming
11.00 – 11.20	Coffee including focus group
11.20 – 11.50	Alcohol addiction – Clare Fleming
11.55 – 12.55	Eating disorders – Hugh Herzig
12.55	Lunch and Close

RCGP Curriculum areas covered:
3.01 Healthy people, promoting health and preventing disease
Good Medical Practice Framework:
1.1 Maintain your professional performance <ul style="list-style-type: none">• Participate in professional development and educational activities
1.2 Apply knowledge and experience to practice <ul style="list-style-type: none">- Provide effective treatments based on the best available evidence- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

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We are very grateful to the sponsors for supporting this event. Please do visit their stand during the breaks.

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