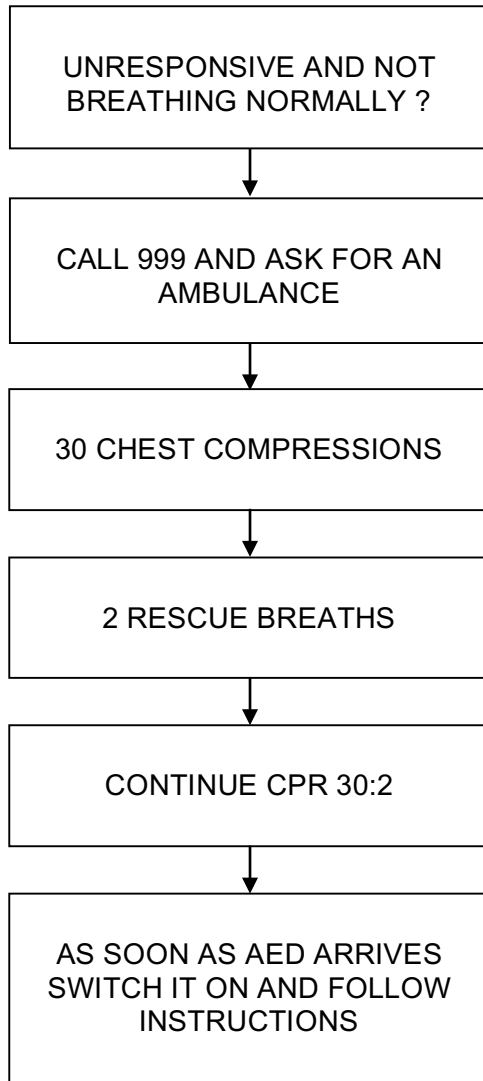
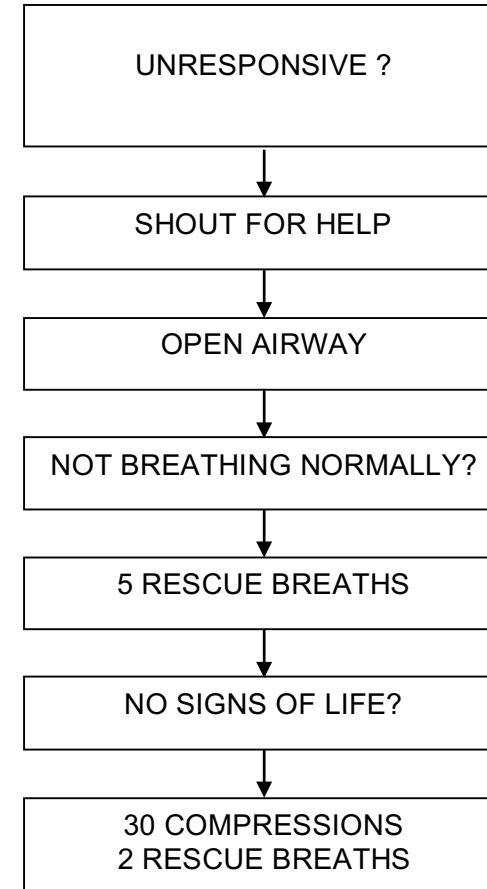


## ADULT BASIC LIFE SUPPORT



## PAEDIATRIC BASIC LIFE SUPPORT



If on your own perform 1 minute CPR before going for help