

- When discussing the following case scenarios please consider the following four points:
 - 1. WHAT FACTORS DO YOU NEED TO CONSIDER?
 - 2. WHAT FACTORS WOULD HEIGHTEN CONCERN?
 - 3. WHAT FACTORS WOULD REASSURE YOU?
 - 4. WHAT WOULD YOU DO NEXT?
- 1) A patient comes to see you asking for contraception as she is in a new relationship. After you have finished consulting her she asks you to check her 4 month old baby over as she has a bad cough and fever. While listening to her chest you notice a small bruise on the baby's chest which mother explains was caused by the baby's older brother
- 2) A 14-year-old girl is brought to see you by her mother. The girl sits looking at the floor and doesn't speak. Her mother starts the consultation by saying she wants you to do a drug test on her daughter. When you ask for more of the story she says the girl's behaviour has changed recently. She is acting secretively, stays in her room. She can hear her talking on her phone, sometimes late at night. She has been tearful but when asked what's wrong tells her mum to leave her alone. Mum says she has been missing meals and coming home later than agreed and sometimes mother thinks she's drugged up and drinking.
- 3) A 14 year old Kenyan girl comes to your GP practice, complaining of having long periods. She is there with her mother who doesn't speak any English. On questioning, she has a normal 4 week cycle of which menstruation lasts for 2 weeks. She adds that her period pains have been unbearable lately. When you suggest examining her and she informs her mother, both she and her mother become agitated and distressed. Her mother tells you through her that she doesn't want her daughter examined
- 4) A Mother comes to see you with her 2 children aged 2 and 4 in tow. She wants a letter for the housing to help her get a new house as she wants to leave her partner. She also says she needs you to look at the 2 year old because he won't stop coughing. The 2 year old is completely uncooperative and refuses to be examined. The mother shouts at him and tells you he is impossible. Both children are unkempt and spend the consultation opening drawers and bins.
- 5) Kathy, a 34 year old with a long history of bipolar disorder comes to see you saying she is feeling very anxious and frightened. She thinks that her neighbours are trying to get her out of her house and are spying on her because she has a dog that barks loudly. She is worried about her 10 year old daughter, Jasmin and has sent her to stay with her father, Kathy's ex-partner. However he works away a lot so usually can only look after Jasmin at weekends. Kathy's record suggests she is underusing her medication. Social services have been involved in the past when Kathy was sectioned couldn't care for Jasmin.
- 6) One of your patients brings her toddler to see you in emergency surgery with symptoms of a viral illness. She says she is exhausted by sleepless nights and wants antibiotics for the child. Her record suggests she is a single parent but she has come today with a boyfriend who you recognise as one of the substance misusers on your opiate substitution programme.