

Learning Objectives

- To acquire an overview of the 9 care processes (DUK 15 care essentials) – including what an annual review consists of
- To gain information on the NICE Type 2 pathway with case studies and discussion - practical on groups of medications and frailty guidance
- To update knowledge of Insulin types and options for Type 2 Diabetes and Type 1 Diabetes
- To improve skills in insulin administration, including the pitfalls and how to solve problems, with hands on experience of insulin and GLP1 devices
- To better understand how diet can help prevent Type 2 Diabetes
- To learn how diet can usefully contribute to the management of Type 2 Diabetes

Programme

9.00 – 9.25		Registration and coffee
9.30 – 9.40	Welcome and housekeeping	
9.40 – 11.10	<i>Type 2 Diabetes and Insulin management</i> Nicki Mead – Community Diabetes Specialist Nurse	
11.10– 11.40		Coffee
11.40 – 12.40	<i>The role of diet in the prevention and management of type 2 Diabetes</i> Sue Baic – Dietician	
12.40	Close	

RCGP Curriculum areas covered:

3.17 Care of people with metabolic problems

Good Medical Practice Framework:

1.1 Maintain your professional performance

- Keep knowledge and skills about your current work up to date
- Participate in professional development and educational activities

1.2 Apply knowledge and experience to practice

- Prescribe drugs or treatment, including repeat prescriptions, safely and appropriately
- Provide effective treatments based on the best available evidence
- Consult colleagues, or refer patients to colleagues, when this is in the patient's best interests

Feedback, Course certificates and Reflection on Learning

Please submit your feedback online by following the link in the email you will be sent after the course. Feedback will be collated and shared with educators.

Once you have left your feedback, you will be able to access your course certificate and reflection on learning template for this course.

Your course certificate and reflection on learning can be completed, added to or amended at any time, using your HLP login. You can also download it as a PDF document.

Course documents

Course documents will be added to the website. You will find them next to this course in the programme listing, and also in the library.

All shared documents from recent courses are stored in the library. You can access it at any time and search for documents or topics using key words.

Sponsors

Our sponsors for the day are Boehringer, Janssen, Lilly, AstraZeneca and Thornton & Ross (AstraZeneca are sponsoring though the purchase of commercial stand space)

We are very grateful to these sponsors for supporting this event. Please do visit their stands during the breaks.

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