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Brook Bristol



www.brook.org.uk

Our values

Brook works within the UN Convention on the Rights of the Child. We value young people's right to:

- Confidentiality
- Education
- Sexuality
- Choice
- Involvement
- Diversity



young people friendly



What does Brook do?

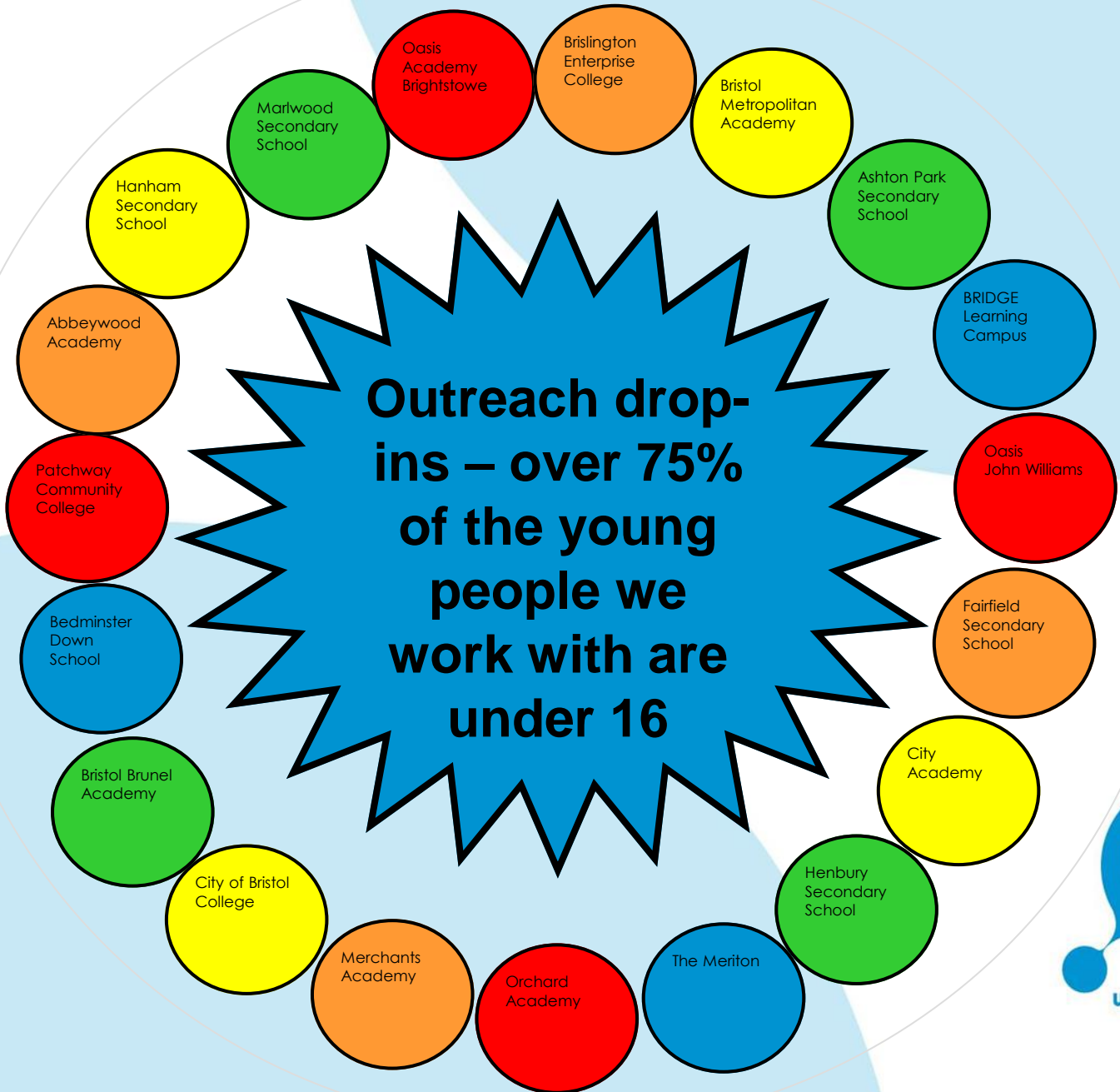
- Outreach drop-ins across Bristol and South Glos schools
- Clinic at The Station
- Sex and relationships education
- Learning disabilities project
- Professional training



Brook Clinic,
3rd Floor
The Station
Silver Street
Bristol
BS1 2AG



**Outreach drop-
ins – over 75%
of the young
people we
work with are
under 16**



Young people ask Brook about:

- Peer pressure
- Readiness for sex
- Sexuality
- Gender identity
- Consent
- Healthy relationships
- Sexual and domestic violence
- Pregnancy and abortion
- Online safety
- Pornography
- Risk taking



Traffic Light Tool Overview

Brook has developed an evidence-based resource and training programme which uses a 'traffic light' tool to help professionals to assess and respond to the sexual behaviours of young people to:

- Increase confidence in decision making
- Help to assess and respond appropriately to sexual behaviour
- Improve understanding of healthy sexual development
- Improve consistency and quality of decision making

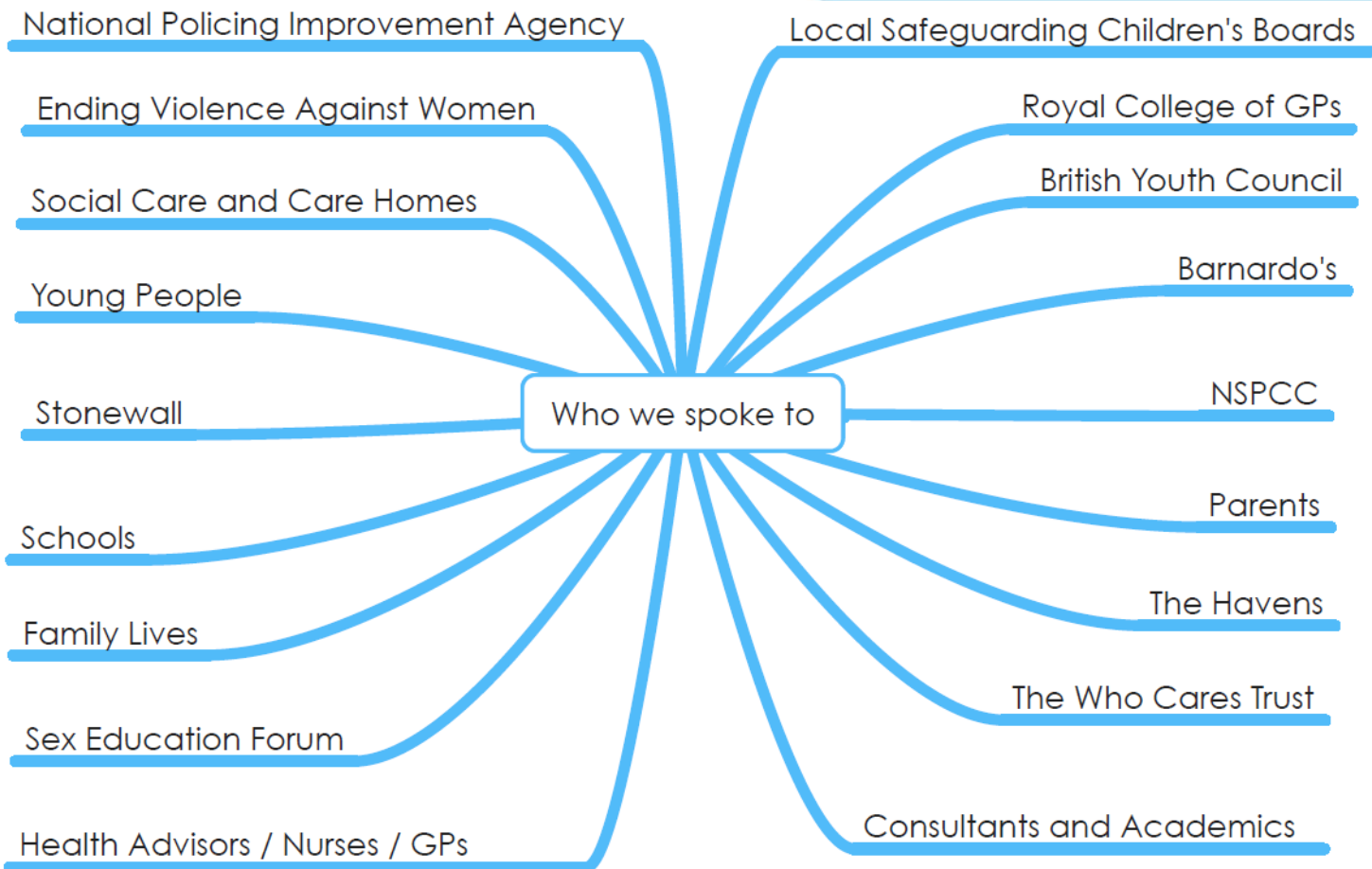


How was it developed?

- Starting with a very well tested model designed by Family Planning Queensland we began a consultation to adapt their framework for use in the UK we did this by:
 - Setting up an advisory group of experts
 - Commissioning research
 - Holding a series of seminars
 - Interviewing key individuals



Who helped us?



How does it work?

	Age 0-5	Age 5-9	Age 9-13	Age 13-17
Green Safe and healthy sexual development		Example: increased sense of privacy about bodies		Example: sexually explicit conversations with peers
Amber Outside safe and healthy behaviour	Example: pulling other children's pant's down / skirts up against their will			
Red Behaviour of significant concern			Example: persistent masturbation in front of others	

How does it work?

- The tool is available online and consists of three main areas:
 - Guidance and information
 - The traffic light tool
 - Example scenarios

Guidance

Please take some time to read through this guidance section before using the Traffic Light Tool.

Select a category

[Introduction](#)[Sexual behaviour](#)[Using the tool](#)[The law](#)[Challenges](#)[What next?](#)

A guide to identifying sexual behaviours

This innovative resource is based on the original 'Traffic Light Framework' developed by Family Planning Queensland in Australia and has been adapted for use within the UK. The resource uses a traffic light tool to categorise the sexual behaviours of young people, to help professionals:

- make decisions about safeguarding children and young people
- assess and respond appropriately to sexual behaviour in children and young people

“ Think about...

Is the presenting behaviour consensual for all children or young people involved?

Is the behaviour reflective of natural curiosity or experimentation?

Is the behaviour unusual for the child or young person?

Does the behaviour involve children or young people of a similar age or developmental ability?

Is the behaviour occurring in a public or private space? How does this affect

Green behaviours

- solitary masturbation
- use of sexual language including swear and slang words
- having girl/boyfriends who are of the same, opposite or any gender
- interest in popular culture, e.g. fashion, music, media, online games, chatting online
- need for privacy
- consensual kissing, hugging, holding hands with peers

What is a green behaviour?

What can you do?

Amber behaviours

- uncharacteristic and risk-related behaviour, e.g. sudden and/or provocative changes in dress, withdrawal from friends, mixing with new or older people, having more or less money than usual, going missing
- verbal, physical or cyber/virtual sexual bullying involving sexual aggression
- LGBT (lesbian, gay, bisexual, transgender) targeted bullying
- exhibitionism, e.g. flashing or mooning
- giving out contact details online
- viewing pornographic material
- worrying about being pregnant or having STIs

Red behaviours

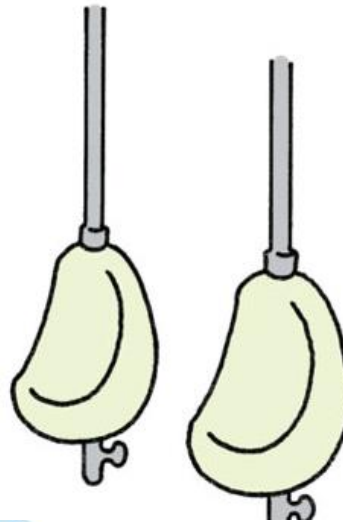
- exposing genitals or masturbating in public
- distributing naked or sexually provocative images of self or others
- sexually explicit talk with younger children
- sexual harassment
- arranging to meet with an online acquaintance in secret
- genital injury to self or others
- forcing other children of same age, younger or less able to take part in sexual activities
- sexual activity e.g. oral sex or intercourse

Kobe, age 16 is pressurised into sending a picture of his penis to his classmates' mobile phones.

< Previous



Print scenario



Training

We are currently developing our training programme for 2013/2014. If you would like information about future training please email trafficlights@brook.org.uk or call 0207 284 6040.



How can you access the tool?

- The tool can be accessed online and PDF versions of the tool, the scenarios and the accompanying guidance can be downloaded from

www.brook.org.uk/traffic-lights



What is Red behaviour?

Red behaviours are outside of safe and healthy behaviour. They may be:

- Excessive, secretive, compulsive, coercive, degrading or threatening
- Involving significant age, developmental, or power differences
- Of concern due to the activity type, frequency, duration or the context in which they occur

What is Amber behaviour?

Amber behaviours have the potential to be outside of safe and healthy development. They may be:

- Unusual for that child or young person
- Of potential concern due to age or developmental differences
- Of potential concern due to activity type, frequency, duration or the context in which they occur

What is Green behaviour?

Green behaviours reflect safe and healthy sexual development. They are:

- Displayed between children/young people of a similar age or developmental ability
- Reflective of natural curiosity, experimentation consensual activities and positive choices

Think about...

Is the behaviour:

- Consensual
- Reflective of natural curiosity or experimentation
- Involving people of a similar age or developmental ability
- Occurring in a public or private space
- Excessive, coercive, degrading or threatening
- Alarming or distressing for other young people



Brook assessment

- Confidentiality
- Sex and the law
- Fraser guidelines
- Bichard checklist

Brook's Protecting Young People Policy is intended to achieve the twin goals of protecting clients from harm and ensuring that their right to confidentiality is properly upheld, in keeping with the law and good practice guidance.



Concerns about Red behaviour?

Bristol:

- First Response – 0117 903 6444
- Barnardo's BYL Early Intervention Project -
byl@barnardos.org.uk
0117 934 9726
- Harmful sexual behaviour –
Be Safe
besafe@nbt.nhs.uk
0117 3408700



Concerns about Red behaviour?

- North Somerset – 01275 888 808
- South Glos – 01454 866000
- Bath and North East Somerset –
01225 396312/01225 396313
- Out of hours duty team –
01454 615165
- NSPCC – 0808 800 5000



Definition of consent

A person consents if she/he agrees by **choice** and has the **freedom** and **capacity** to make that choice

Statutory Definition from Sexual Offences act 2003 (section 74)





- Making sure you get and give consent before having any kind of sex with another person really matters.
- The pause play stop website has lots of information about consent including:

- How do I get **consent**?
- When should I **pause**?
- When should I **play**?
- When should I **stop**?

www.PausePlayStop.org.uk





12 & Under Recent & Historic rape, sexual assault, grooming, sexual exploitation, childhood sexual abuse

Which service is right for the victim/survivor at this time?

Please remember: Anyone who has experienced rape or sexual abuse needs to be involved in decisions about what happens next for them and informed about their choices.

Crisis Support / Information

- Safe Link (ISVA)
- BASE (Child Sexual Exploitation)
- The Bridge (SARC 24hrs)

Ongoing Support & Advocacy

- Safe Link (ISVA)
- BASE (Child Sexual Exploitation)

Family Support

- The Green House
- Trauma Recovery Centre
- The Bridge (SARC 24hrs)

Specialist Helplines

- ChildLine
- Karma Nirvana (Honour Based Violence)

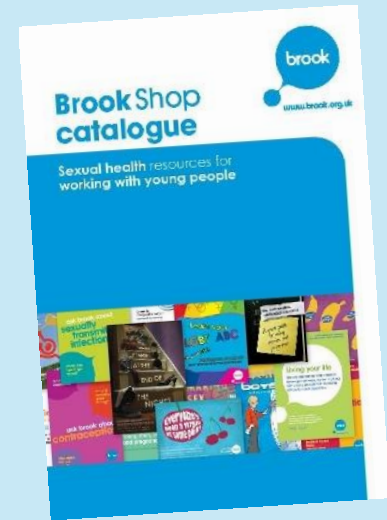
Counselling

- The Green House
- Trauma Recovery Centre

Police or social services must be informed!

Brook resources

- www.brook.org.uk
- Some Brook resources available from KRIS
- Training for professionals



SEXUAL BEHAVIOURS
●●● TRAFFIC LIGHT TOOL



Contacts

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www.brook.org.uk

Twitter: @BrookCharity Facebook: BrookCharityYP
Ask Brook -confidential helpline for young people.
Young people under 25 can call on 0808 802
1234, text 07717 989 023 or contact us online at
www.askbrook.org.uk

