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**Why I need
my mask**

Your lungs in your chest
help you to breathe



Your lungs are a bit like balloons



When they are working they fill with air



Your lungs don't always work very well



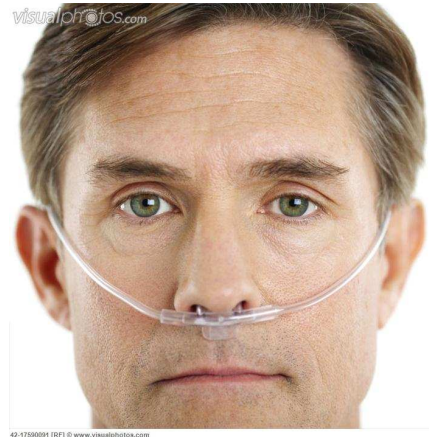
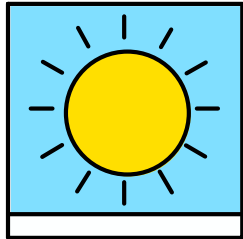
If you don't have enough air you pass out



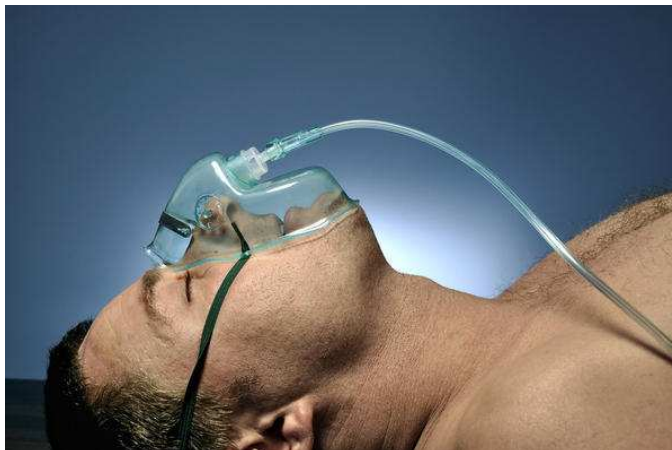
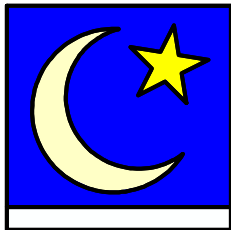
When you pass out
You need to go to hospital



To give you more air



you wear a tube during the day



You also need to wear
a mask when you sleep

You need this mask on for
6 hours every day

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If you don't do this



your lungs will get very poorly



and you would die



People can help you with your mask



Using your mask will help you keep well