

# GPs – remember GUM and HIV

Health Learning Partnership

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10 Nov 2015

# Objectives

- Differential diagnosis and management of urethritis and epididymo-orchitis
- Management of vaginal discharge
- Management of gonorrhoea
- HIV testing indicators
- PEPSE
- Recognising syphilis

# Case 1

- A 23year old male attends with 2 weeks of discomfort passing urine with an intermittent slight clear urethral discharge. He has a regular asymptomatic partner of 5 months, they initially used condoms but not for the past month. They last had sex, vaginal only, 10 days ago.

# Case 1-Questions

- What is your Differential diagnosis?
- How will you investigate?
- How will you manage this patient?
- When would you consider a referral?

# Case 2

- A woman of reproductive age complains of vaginal discharge

# Case 2-Questions

- What history would you elicit from this patient?
- What investigations will you do?
- What would be your indications for referring to GUM?

# Case 3

- You are reviewing results and a 21 year old female patient has tested positive for gonorrhoea and negative for chlamydia on a vaginal self taken nucleic acid amplification test.

# Case 3-Questions

- What would you do next?
- How will you treat?
- Apart from antibiotics what else is important?
- What follow up do they need?



# Case 4

- A 27 year old lady attends your surgery for her cervical cytology 6months after her treatment for CIN2.

# Case 4-Question

- What test would you ensure she has done?

# Case 5

- A 22 year old man attends your surgery having had unprotected sex yesterday

# Case 5-Questions

- What history is relevant?
- What management can you offer based on history?
- What indications prompt you to refer immediately?

# Case 6

- A 32year old man attends with a generalised rash, particularly effecting his palms and soles?

# Case 6-Questions

- What sexual history and past history will you elicit?
- What tests would you send?
- Why would you refer to GUM services?

# Sources of information

- BASHH guidelines (all STIs) [www.bashh.org](http://www.bashh.org)
- RCGP STI guideline [www.rcgp.org](http://www.rcgp.org)
- Advice from medical staff at Bristol Sexual Health Centre 0117 342 6900
- Advice from HPA laboratory staff 0117 342 5551 (virology and microbiology)
- The next STIF course 01<sup>st</sup> and 02<sup>nd</sup> Feb 2016 contact Shonda Powell [shonda@spcorporateservices.com](mailto:shonda@spcorporateservices.com)